

29

Breaded Chicken Drumstick w/ Dinner Roll
Grill: Chicken Patty
Pizza: Buffalo
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: Chicken Caesar
Mashed Potatoes

30

 Vegetarian Chili Mac w/ Breadstick
Grill: Spicy Chicken Patty
Pizza: Pico de Gallo
Taco Bar: Soft Shell Taco
Deli: C Ham Sub
Salad on the Go: Chicken Caesar
Steamed Green Beans

31

Chicken Nugget Bowl w/ Dinner Roll
Grill: Chicken Nuggets
Pizza: Cheeseburger
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: Chicken Caesar
Orange Glazed Carrots
Cinnamon Sweet Potato

1

General Tso's Beef w/ Vegetables & Yellow Rice
Grill: Bacon Cheeseburger
Pizza: BBQ
Taco bar: Soft Shell Taco
Deli: C Ham Sub
Salad on the Go: Chicken Caesar
Baked Beans

2

No School

5

Salisbury Steak w/ Egg Noodles, Brown Gravy and Breadstick
Grill: Chicken Patty
Pizza: Buffalo Chicken
Taco Bar: Soft Shell Taco
Salad on the Go: Italian French Fries

6

Sweet & Sour Popcorn Chicken w/ broccoli & Rice
Grill: Spicy Chicken Patty
Pizza: Pico de Gallo
Taco Bar: Soft Shell Taco
Deli: C Ham Sub
Salad on the Go: Italian Fresh Roasted Cauliflower

7

Huevos Rancheros Breakfast Burrito w/ Cinnamon Chips & Hash Browns
Grill: Chicken Nuggets
Pizza: Cheeseburger
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: Italian

8

Breadstick
Grill: Burgers
Pizza: BBQ
Taco Bar: Soft Shell taco
Deli: C Ham Sub
Salad on the Go: Italian Campfire Pinto Beans

9

Spaghetti Carbonara w/ Breadstick
Grill: Hotdog
Pizza: Mexican
Taco Bar: Soft Shell Taco
Deli: C Ham Sub
Salad on the Go: Italian Fresh Steamed Broccoli

12

Buffalo Chicken Drumstick w/ Sante Fe Rice
Grill: Hot Dog
Pizza: Mexican Style Pizza
Taco Bar: Soft Shell taco
Deli: C Ham Sub
Salad on the Go: Apple Slice Salad


13

Parmesan Chicken Patty w/ Spaghetti
Grill: Chicken Patty
Pizza: Pico de Gallo
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: Apple Slice Salad Green Beans

14

Southwest Baked Potato
Grill: Chicken Nuggets
Pizza: Cheeseburger
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: Apple Slice Salad
Orange Glazed Carrots

15

 Sausage and Red beans Bowl w/ Rice Santa Fe
Grill: Spicy Chicken Patty
Pizza: BBQ
Taco bar: Soft Shell taco
Deli: C Ham Sub
Salad on the Go: Apple Slice Salad
Refried Beans

16

Egg Fried Rice w/ Egg Roll
Grill: Cheeseburger
Pizza: Buffalo Chicken
Taco Bar: Soft Shell taco
Deli: C Ham Sub
Salad on the Go: Apple Slice Salad
Fresh Steamed Broccoli

19

BBQ Mac and Cheese w/ breadstick
Grill: Hot Dog
Pizza: Bruschetta Flatbread
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: Spicy Popcorn Chicken Salad

20

Spicy Popcorn Chicken Bowl
Grill: Chicken Patty
Pizza: Pico de Gallo
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: Spicy Popcorn Chicken Salad


21

No School

26

Meatloaf w/ Brown Gravy Dinner Roll
Grill: Burger
Pizza: Buffalo Chicken
Taco Bar: Soft Shell Taco
Deli: C Ham
Salad on the Go: C Ham Chef Tater Bites

27

 Chicken and Sausage Stew w/ Cilantro Lime Rice
Grill: Hot Dog
Pizza: Pico de Gallo
Taco Bar: Soft Shell Taco
Deli: C Ham Sub
Salad on the Go: C Ham Chef Steamed Green Beans

28

Orange Chicken w/ Broccoli & Lo Mein Noodles
Grill: Chicken Nuggets
Pizza: Cheeseburger
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: C Ham Chef Orange Glazed Carrots

29

Chicken Alfredo Pasta w/ Dinner Roll
Grill: Spicy Chicken Patty
Pizza: BBQ
Taco Bar: Soft Shell Taco
Deli: C Ham Sub
Salad on the Go: C Ham Chef Refried Beans

30

Walking Taco w/ Cheese Sauce
Grill: Spicy Chicken Patty
Pizza: Mexican
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: C Ham Chef Fresh Steamed Broccoli

CHALLENGE YOURSELF:

KEEP ACTIVE

+ WALK MORE

+ ALL DAY

= A STRONG & FIT YOU

Daily Offerings!

- Fruit & Vegetable Bar
- Cheese & Pepperoni Pizza
- Milk- Skim, Chocolate Skim, Unflavored Skim, Chocolate & Non-Lactose